

**'Breathtakers'  
Supporting Rare  
Lung Disease**

Raising awareness of  
Obliterative Bronchiolitis

Offering vital support to  
families affected by  
Obliterative Bronchiolitis

Raising funds to support our  
aims and to contribute to  
projects which may benefit  
sufferers of  
Obliterative Bronchiolitis

Offering support to families  
affected by other Rare  
Interstitial Lung Disease

The only UK Charity  
supporting  
Obliterative Bronchiolitis

**BREATH  
TAKERS**  
Charity

[www.breathtakers.co.uk](http://www.breathtakers.co.uk)

Contact  
[lynne@breathtakers.co.uk](mailto:lynne@breathtakers.co.uk)



Supporting sufferers of

**Obliterative  
Bronchiolitis  
(OB)**

*Charity Registration*  
1125330

[www.breathtakers.co.uk](http://www.breathtakers.co.uk)

## What is it?

It can often progress to obstructive lung disease.

Symptoms include chronic cough, prolonged wheeze, shortness of breath and inability to maintain prolonged exercise.

OB is caused by infection, pneumonia, breathing in toxic fumes, drugs and inhaling food or fluid into the lungs and can happen after lung, heart and bone marrow transplants.

Treatment is supportive using antibiotics and physiotherapy plus oxygen therapy. Inhalers are used with variable results.

There are no published results of any research or treatments for OB.

Surgery may be an option for patients with severe localised disease and lung transplantation is an option in end-stage disease.

The clinical course is very variable and the prognosis for any individual is often difficult to predict.

## Who are we?

'Breathtakers' was started as a support group by a parent whose child has OB when she discovered that there was little support or information for families affected by the disease.

She believed that it was stressful enough trying to cope with all the implications of OB without being further frustrated by lack of understandable information. Isolation is frightening and many OB sufferers and their families believe they are alone, they are not.

Much of the information on the charities website is generic and therefore can be helpful for sufferers of all rare lung disease.



### Patron

Tim Emmett (extreme sports athlete)

### Charity Trustees

Lynne Thompson - Chair/CEO

### Medical Advisor

Dr G Connett: Consultant Respiratory  
Paediatrician

## What do we do?

[www.breathtakers.co.uk](http://www.breathtakers.co.uk)

Offer practical and emotional support to families affected by OB, from the time of diagnosis onwards

Offer support and advice for OB children who are struggling with school because of their illness.

Facilitate contact between families of sufferers of OB

Provide much needed information about OB to families and interested parties

Raise awareness amongst professionals and other interested bodies both in the UK and abroad

Support initiatives which may benefit OB sufferers

Lobby government for changes which will improve the resources/knowledge of orphan lung diseases

Carry out a proactive program of fund and grant raising to support the charities objectives